

We offer organic & non gmo

We offer Homemade Mango Lassi & Vegan Cakes

Serving great vegetarian meals in Tucson for 28 years

October 2020

* non daily + wheat free

We do catering-order today! call Tulsu 520-977-1632



Sun Mon Tue Wed Thu Fri Sat

Dine at our outdoor patio, or in our regular dining area with reduced seating for more social distancing. Everything is clean & sanitized for your protection. We appreciate your support.



**Three Vegan Days
Weds, Thurs. & Friday are all 100% Vegan**

				<p>Vegan Veggies & Edumund*+ Vegan Veggie Lasagna*</p>	<p>Green Bean & Organic Tempeh*+ Vegan Vegetable Rigatoni*</p>	<p>Vegetarian Stroganoff+ Eggplant Parmesan*+</p>
<p>4 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more</p>	<p>5 </p>	<p>6 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more</p>	<p>7 Stir Fry Broccoli, Snap Pea & Pineapple*+ Mung Bean Sloppy Joe's*</p>	<p>8 New Jackfruit, Green Bean & Taro Root*+ Bar-B-Q Organic Tofu*+</p>	<p>9 Swiss Chard, Cauliflower & Organic Tofu*+ Spinach Filo*</p>	<p>10 Cabbage, Carrot & Fresh Cheese+ Vegan Veggie Pizza*</p>
<p>11 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more</p>	<p>12 </p>	<p>13 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more</p>	<p>14 Cauliflower, Carrot, Pea & Almond Gravy*+ Eggplant Medallions*+</p>	<p>15 Vegetables & Lentil Croquettes*+ Organic Tofu Sticks & Cashew Dip*</p>	<p>16 Snow Pea, Cashews & Coconut Creme*+ Vegetable Stuffed Shells*</p>	<p>17 Broccoli, Carrot, Almond & Fresh Cheese+ Veggie & Bean Enchiladas Casserole*+</p>
<p>18 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more</p>	<p>19 </p>	<p>20 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more</p>	<p>21 Sweet & Tangy Organic Tofu*+ Lentil Croquettes in Sesame Gravy*+</p>	<p>22 New- Green Bean, Broccoli & Mock Ham* New - Spring Rolls & Satay Sauce*</p>	<p>23 Lentil Croquettes & Veggies*+ Vegetable Fritters & Chutney*+</p>	<p>24 Cauliflower, Pea & Fresh Cheese+ Vegetable Calzones & Chutney*</p>
<p>25 Sunday Brunch Pancakes, Scrambled Tofu, Fruit Salads, Home Frys & more</p>	<p>26 </p>	<p>27 A taste of India Indian Cuisine Curries, Poories, Chutneys, Salads, Raitas & more</p>	<p>28 Stir Fry with rice noodles & Organic Tofu*+ Jackroot Tacos*+</p>	<p>29 Peas, Tomatoes & Organic Tofu*+ Chickpea o' the Sea & Poories*</p>	<p>30 Broccoli & Organic Tempeh*+ Savory Nut Loaf*+</p>	<p>31 Spinach & Fresh Cheese+ Vegetable Manicotti*</p>